

TABLE 3. Co-Morbid Incident Mental Health Disorder Diagnoses^a, Active Component, U.S. Armed Forces, 2020–2024

	Adjustment		Alcohol-related		Substance-related		Anxiety		PTSD		Depression		Bipolar	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	282,883	—	26,174	37.8	5,451	35.7	87,606	42.1	42,762	44.9	86,450	48.7	3,871	44.7
Alcohol-related disorders	26,174	9.3	69,248	—	7,195	47.1	17,501	8.4	9,682	10.2	21,464	12.1	1,531	17.7
Substance-related disorders	5,451	1.9	7,195	10.4	15,275	—	3,153	1.5	1,500	1.6	4,084	2.3	537	6.2
Anxiety disorders	87,606	31.0	17,501	25.3	3,153	20.6	208,217	—	39,733	41.7	81,610	46.0	4,097	47.3
PTSD	42,762	15.1	9,682	14.0	1,500	9.8	39,733	19.1	95,189	—	38,179	21.5	2,630	30.4
Depressive disorders	86,450	30.6	21,464	31.0	4,084	26.7	81,610	39.2	38,179	40.1	177,483	—	5,180	59.9
Bipolar disorder	3,871	1.4	1,531	2.2	537	3.5	4,097	2.0	2,630	2.8	5,180	2.9	8,654	—
Personality disorders	9,362	3.3	3,070	4.4	738	4.8	6,476	3.1	3,796	4.0	8,458	4.8	1,286	14.9
Schizophrenia	628	0.2	256	0.4	154	1.0	524	0.3	256	0.3	781	0.4	314	3.6
Other psychoses	1,791	0.6	723	1.0	475	3.1	1,346	0.7	675	0.7	1,896	1.1	767	8.9
Acute stress disorder	513	0.2	102	0.2	23	0.2	434	0.2	296	0.3	383	0.2	41	0.5
Eating disorders	1,663	0.6	440	0.6	67	0.4	1,648	0.8	999	1.1	1,752	1.0	169	2.0
Factitious disorders	57	0.0	10	0.0	3	0.0	49	0.0	14	0.0	46	0.0	7	0.1
Other mental health disorders	44,793	15.8	18,076	26.1	5,677	37.2	36,229	17.4	18,271	19.2	32,684	18.4	2,068	23.9
Total	282,883		69,248		15,275		208,217		95,189		177,483		8,654	
	Personality		Schizophrenia		Other		Acute Stress		Eating		Factitious		Other	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	9,362	59.8	628	42.6	1,791	46.7	513	43.1	1,663	45.2	57	59.4	44,793	36.1
Alcohol-related disorders	3,070	19.6	256	17.4	723	18.8	102	8.6	440	12.0	10	10.4	18,076	14.6
Substance-related disorders	738	4.7	154	10.4	475	12.4	23	1.9	67	1.8	3	3.1	5,677	4.6
Anxiety disorders	6,476	41.3	524	35.5	1,346	35.1	434	36.4	1,648	44.8	49	51.0	36,229	29.2
PTSD	3,796	24.2	256	17.4	675	17.6	296	24.9	999	27.2	14	14.6	18,271	14.7
Depressive disorders	8,458	54.0	781	53.0	1,896	49.4	383	32.2	1,752	47.6	46	47.9	32,684	26.3
Bipolar disorder	1,286	8.2	314	21.3	767	20.0	41	3.4	169	4.6	7	7.3	2,068	1.7
Personality disorders	15,668	—	202	13.7	564	14.7	52	4.4	381	10.4	19	19.8	4,069	3.3
Schizophrenia	202	1.3	1,475	—	955	24.9	8	0.7	17	0.5	4	4.2	443	0.4
Other psychoses	564	3.6	955	64.8	3,838	—	20	1.7	32	0.9	14	14.6	1,200	1.0
Acute stress disorder	52	0.3	8	0.5	20	0.5	1,191	—	8	0.2	0	0.0	343	0.3
Eating disorders	381	2.4	17	1.2	32	0.8	8	0.7	3,678	—	2	2.1	1,273	1.0
Factitious disorders	19	0.1	4	0.3	14	0.4	0	0.0	2	0.1	96	—	37	0.0
Other mental health disorders	4,069	26.0	443	30.0	1,200	31.3	343	28.8	1,273	34.6	37	38.5	124,142	—
Total	15,668		1,475		3,838		1,191		3,678		96		124,142	

Abbreviation: PTSD, post-traumatic stress disorder; No., number.

^aMental health disorder diagnoses at any time during surveillance period.