

TABLE. Most Frequent ICD-10 Diagnostic Codes for In-Theater Medical Encounters by Sex, Active Component, U.S. Armed Forces, 2024

Total				Male				Female			
ICD-10 Code ^a	ICD-10 Code Description	No.	%	ICD-10 Code ^a	ICD-10 Code Description	No.	%	ICD-10 Code ^a	ICD-10 Code Description	No.	%
Z029	Encounter for administrative examinations, unspecified	9,900	5.2	Z029	Encounter for administrative examinations, unspecified	7,283	5.0	Z029	Encounter for administrative examinations, unspecified	2,617	5.8
M5450	Low back pain, unspecified	8,851	4.6	M5450	Low back pain, unspecified	7,055	4.8	M5450	Low back pain, unspecified	1,796	4.0
Z5682	Military deployment status	5,709	3.0	Z5682	Military deployment status	4,560	3.1	Z5682	Military deployment status	1,149	2.6
M25511	Pain in right shoulder	4,238	2.2	M25511	Pain in right shoulder	3,634	2.5	J069	Acute upper respiratory infection, unspecified	965	2.2
M25561	Pain in right knee	3,829	2.0	M25512	Pain in left shoulder	3,154	2.2	M25561	Pain in right knee	902	2.0
J069	Acute upper respiratory infection, unspecified	3,762	2.0	M25561	Pain in right knee	2,927	2.0	M542	Cervicalgia	791	1.8
M25512	Pain in left shoulder	3,647	1.9	M25562	Pain in left knee	2,805	1.9	M25562	Pain in left knee	724	1.6
M25562	Pain in left knee	3,529	1.9	J069	Acute upper respiratory infection, unspecified	2,797	1.9	F439	Reaction to severe stress, unspecified	662	1.5
M542	Cervicalgia	3,314	1.7	M542	Cervicalgia	2,523	1.7	Z0289	Encounter for other administrative examinations	612	1.4
Z23	Encounter for immunization	2,794	1.5	Z9182	Personal history of military deployment	2,354	1.6	M25511	Pain in right shoulder	604	1.3
Z9182	Personal history of military deployment	2,751	1.4	Z23	Encounter for immunization	2,256	1.5	M25551	Pain in right hip	555	1.2
M545	Low back pain	2,591	1.4	M545	Low back pain	2,240	1.5	F4323	Adjustment disorder with mixed anxiety and depressed mood	540	1.2
Z0289	Encounter for other administrative examinations	2,565	1.3	L731	Pseudofolliculitis barbae	2,057	1.4	Z23	Encounter for immunization	538	1.2
R197	Diarrhea, unspecified	2,205	1.2	Z0289	Encounter for other administrative examination	1,953	1.3	Z7189	Other specified counseling	525	1.2
F439	Reaction to severe stress, unspecified	2,146	1.1	R197	Diarrhea, unspecified	1,739	1.2	M25512	Pain in left shoulder	493	1.1
L731	Pseudofolliculitis barbae	2,060	1.1	F439	Reaction to severe stress, unspecified	1,484	1.0	R197	Diarrhea, unspecified	466	1.0
Z7189	Other specified counseling	1,883	1.0	Z7189	Other specified counseling	1,358	0.9	M25552	Pain in left hip	448	1.0
F4323	Adjustment disorder with mixed anxiety and depressed mood	1,820	1.0	G4726	Circadian rhythm sleep disorder, shift work type	1,306	0.9	Z719	Counseling, unspecified	446	1.0
J00	Acute nasopharyngitis [common cold]	1,577	0.8	F4323	Adjustment disorder with mixed anxiety and depressed mood	1,280	0.9	Z733	Stress, not elsewhere classified	406	0.9
M25571	Pain in right ankle, joints of right foot	1,537	0.8	J00	Acute nasopharyngitis [common cold]	1,173	0.8	J00	Acute nasopharyngitis [common cold]	404	0.9
M25551	Pain in right hip	1,498	0.8	M25572	Pain in left ankle, joints of left foot	1,146	0.8	M5459	Other low back pain	404	0.9
G4726	Circadian rhythm sleep disorder, shift work type	1,478	0.8	M25571	Pain in right ankle, joints of right foot	1,143	0.8	Z9182	Personal history of military deployment	397	0.9
Z719	Counseling, unspecified	1,459	0.8	Z719	Counseling, unspecified	1,013	0.7	M25571	Pain in right ankle, joints of right foot	394	0.9
M25572	Pain in left ankle, joints of left foot	1,445	0.8	M5459	Other low back pain	1,001	0.7	R519	Headache, unspecified	377	0.8
M5459	Other low back pain	1,405	0.7	R519	Headache, unspecified	967	0.7	M545	Low back pain	351	0.8
R519	Headache, unspecified	1,344	0.7	R21	Rash and other non-specific skin eruption	961	0.7	R21	Rash and other non-specific skin eruption	343	0.8
R21	Rash and other non-specific skin eruption	1,304	0.7	Z760	Encounter for issue of repeat prescription	958	0.7	F419	Anxiety disorder, unspecified	336	0.7
Z760	Encounter for issue of repeat prescription	1,279	0.7	M549	Dorsalgia, unspecified	956	0.7	Z760	Encounter for issue of repeat prescription	321	0.7
M549	Dorsalgia, unspecified	1,246	0.7	M25551	Pain in right hip	943	0.6	F5102	Adjustment insomnia	303	0.7
M25552	Pain in left hip	1,143	0.6	M546	Pain in thoracic spine	899	0.6	R109	Unspecified abdominal pain	302	0.7
F5102	Adjustment insomnia	1,121	0.6	F5102	Adjustment insomnia	818	0.6	M25572	Pain in left ankle, joints of left foot	299	0.7
M546	Pain in thoracic spine	1,111	0.6	G4729	Other circadian rhythm sleep disorder	810	0.6	M549	Dorsalgia, unspecified	290	0.6
Z733	Stress, not elsewhere classified	1,109	0.6	Z733	Stress, not elsewhere classified	703	0.5	Z658	Other specified problems related to psychological circumstances	249	0.6
F419	Anxiety disorder, unspecified	915	0.5	G4700	Insomnia, unspecified	698	0.5	M79671	Pain in right foot	239	0.5
G4729	Other circadian rhythm sleep disorder	915	0.5	M25552	Pain in left hip	695	0.5	M722	Plantar fascial fibromatosis	227	0.5
R109	Unspecified abdominal pain	882	0.5	Z5739	Occupational exposure to other air contaminants	676	0.5	M25531	Pain in right wrist	225	0.5
G4700	Insomnia, unspecified	851	0.4	I10	Essential (primary) hypertension	627	0.4	J029	Acute pharyngitis, unspecified	220	0.5
M722	Plantar fascial fibromatosis	821	0.4	F4320	Adjustment disorder, unspecified	598	0.4	N760	Acute vaginitis	219	0.5
Z5739	Occupational exposure to other air contaminants	808	0.4	M722	Plantar fascial fibromatosis	594	0.4	M546	Pain in thoracic spine	212	0.5
Z658	Other specified problems related to psychological circumstances	793	0.4	R109	Unspecified abdominal pain	580	0.4	F4310	Post-traumatic stress disorder, unspecified	210	0.5
M79671	Pain in right foot	792	0.4	F419	Anxiety disorder, unspecified	579	0.4	F4322	Adjustment disorder with anxiety	209	0.5

Abbreviations: ICD-10, International Classification of Diseases, 10th Revision; No., number; ICD-9, International Classification of Diseases, 9th Revision; TMDS, Theater Medical Data Store.
^a Some ICD-9 codes still appear in TMDS. While medical encounters documented with ICD-9 codes were included in the overall analysis for major diagnostic category analysis, the summary of these codes are excluded from this table.