

**TABLE 2.** Incident Cases<sup>a</sup> and Incidence Rates<sup>b</sup> of Exertional Rhabdomyolysis, Active Component, U.S. Armed Forces, 2024

	Hospitalizations		Ambulatory Visits		Total	
	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>
Total	184	14.2	280	21.6	464	35.9
Sex						
Male	171	16.1	258	24.3	429	40.3
Female	13	5.6	22	9.6	35	15.2
Age, y						
<20	36	24.2	89	59.7	125	83.9
20–24	56	17.5	75	23.4	131	40.9
25–29	45	14.8	72	23.7	117	38.4
30–34	25	11.6	21	9.7	46	21.3
35–39	16	9.5	16	9.5	32	19.1
40+	6	4.4	7	5.1	13	9.6
Race and ethnicity						
White, non-Hispanic	77	11.6	123	18.5	200	30.0
Black, non-Hispanic	50	23.8	72	34.3	122	58.1
Hispanic	44	17.0	57	22.1	101	39.1
Other/unknown <sup>c</sup>	13	8.1	28	17.5	41	25.6
Service branch						
Army	112	25.4	125	28.4	237	53.8
Navy	18	5.6	23	7.1	41	12.7
Air Force	15	4.7	23	7.2	38	11.8
Marine Corps	37	21.9	106	62.8	143	84.7
Coast Guard	2	5.1	3	7.6	5	12.6
Rank						
Enlisted	133	12.9	178	17.3	311	30.2
Officer	29	12.0	29	12.0	58	23.9
Recruit	22	95.0	73	315.3	95	410.4
Military occupation						
Combat-specific <sup>d</sup>	49	30.3	63	39.0	112	69.3
Motor transport	3	7.1	8	19.0	11	26.1
Pilot/air crew	4	8.9	2	4.4	6	13.3
Repair/engineering	30	8.3	35	9.7	65	18.1
Communications/intelligence	40	14.4	43	15.5	83	29.9
Health care	10	9.5	11	10.4	21	19.9
Other	48	15.9	118	39.1	166	55.0
Home of record						
Midwest	19	9.7	33	16.8	52	26.5
Northeast	31	20.0	42	27.1	73	47.1
South	86	15.2	137	24.3	223	39.5
West	36	12.0	55	18.4	91	30.4
Other/unknown	12	15.2	13	16.5	25	31.7

Abbreviations: No., number; y, years.

<sup>a</sup>One case per person per year.

<sup>b</sup>Rate per 100,000 person-years.

<sup>c</sup>Includes those of American Indian/Alaska Native, Asian/Pacific Islander, and unknown race or ethnicity.

<sup>d</sup>Infantry/artillery/combat engineering/armor.