

**TABLE 1.** Phases of the HIV Epidemic, 1990–Present

Phase	Time Period	Description
Early Epidemic	1990–1995	This period is characterized by growing recognition of the HIV epidemic, streamlining of HIV testing and screening algorithms, early prevention efforts, and limited treatment options and effectiveness.
HAART	1996–2005	This period is distinguished by the introduction and widespread availability of highly active antiretroviral therapy (HAART) in 1996, and transformed HIV from a fatal disease to a manageable chronic condition.
Expanded Testing and Prevention	2005–2013	This period followed DOD adjustment of mandatory screening frequency to biennial in 2004, CDC expansion of routine testing guidelines in 2006 to include all adults, introduction of PrEP in 2012, and repeal of “Don’t Ask, Don’t Tell” policy in 2011.
Modern Era: <i>Ending the HIV Epidemic</i>	2014–Present	This period is marked by the launch of the “Ending the HIV Epidemic” initiative in 2019 and focuses on PrEP to support “Undetectable=Untransmittable” (U=U) principle.

Abbreviations: HIV, human immunodeficiency virus; HAART, highly active antiretroviral therapy; DOD, Department of Defense; CDC, Centers for Disease Control and Prevention; PrEP, pre-exposure prophylaxis.