

TABLE 3. Comorbid Incident Mental Health Disorder Diagnoses,^a Active Component, U.S. Armed Forces, 2019–2023

	Adjustment Disorders		Alcohol-related Disorder		Substance-related Disorder		Anxiety		PTSD		Depression		Bipolar Disorder	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	282,960	-	27,472	38.8	5,904	37.1	81,779	43.5	39,929	46.3	84,920	50.4	3,933	46.5
Alcohol-related disorder	27,472	9.7	70,729	-	7,533	47.4	16,888	9.0	9,380	10.9	21,739	12.9	1,518	18.0
Substance-related disorder	5,904	2.1	7,533	10.7	15,901	-	3,225	1.7	1,530	1.8	4,269	2.5	555	6.6
Anxiety disorders	81,779	28.9	16,888	23.9	3,225	20.3	187,949	-	34,607	40.1	72,801	43.2	3,901	46.1
PTSD	39,929	14.1	9,380	13.3	1,530	9.6	34,607	18.4	86,216	-	34,623	20.6	2,464	29.2
Depressive disorders	84,920	30.0	21,739	30.7	4,269	26.9	72,801	38.7	34,623	40.2	168,519	-	5,079	60.1
Bipolar disorder	3,933	1.4	1,518	2.2	555	3.5	3,901	2.1	2,464	2.9	5,079	3.0	8,454	-
Personality disorders	9,786	3.5	3,221	4.6	782	4.9	6,369	3.4	3,715	4.3	8,713	5.2	1,272	15.1
Schizophrenia	640	0.2	268	0.4	160	1.0	549	0.3	245	0.3	799	0.5	306	3.6
Other psychoses	1,892	0.7	736	1.0	474	3.0	1,363	0.7	681	0.8	1,965	1.2	759	9.0
Acute stress disorders	507	0.2	105	0.2	27	0.2	416	0.2	285	0.3	384	0.2	39	0.5
Eating disorders	1,569	0.6	426	0.6	62	0.4	1,475	0.8	886	1.0	1,624	1.0	163	1.9
Factitious disorders	56	0.0	10	0.0	2	0.0	47	0.0	18	0.0	48	0.0	7	0.1
Total	282,960		70,729		15,901		187,949		86,216		168,519		8,454	
	Personality Disorders		Schizophrenia		Other Psychoses		Acute Stress Disorder		Eating Disorders		Factitious Disorder		Other	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Adjustment disorders	9,786	61.8	640	42.5	1,892	48.3	507	41.6	1,569	46.4	56	52.3	43,941	36.8
Alcohol-related disorder	3,221	20.3	268	17.8	736	18.8	105	8.6	426	12.6	10	9.4	17,256	14.4
Substance-related disorder	782	4.9	160	10.6	474	12.1	27	2.2	62	1.8	2	1.9	5,878	4.9
Anxiety disorders	6,369	40.2	549	36.5	1,363	34.8	416	34.1	1,475	43.6	47	43.9	32,815	27.5
PTSD	3,715	23.5	245	16.3	681	17.4	285	23.4	886	26.2	18	16.8	16,900	14.1
Depressive disorders	8,713	55.0	799	53.1	1,965	50.2	384	31.5	1,624	48.1	48	44.9	30,633	25.6
Bipolar disorder	1,272	8.0	306	20.3	759	19.4	39	3.2	163	4.8	7	6.5	1,968	1.7
Personality disorders	15,833	-	217	14.4	612	15.6	48	3.9	357	10.6	23	21.5	3,991	3.3
Schizophrenia	217	1.4	1,506	-	981	25.0	7	0.6	17	0.5	3	2.8	411	0.3
Other psychoses	612	3.9	981	65.1	3,917	-	18	1.5	32	1.0	13	12.2	1,170	1.0
Acute stress disorders	48	0.3	7	0.5	18	0.5	1,220	-	9	0.3	0	0.0	342	0.3
Eating disorders	357	2.3	17	1.1	32	0.8	9	0.7	3,380	-	1	0.9	1,198	1.0
Factitious disorders	23	0.2	3	0.2	13	0.3	0	0.0	1	0.0	107	-	41	0.0
Total	15,833		1,506		3,917		1,220		3,380		107		119,536	

Abbreviations: No., number; PTSD, post-traumatic stress disorder.

^aMental health disorder diagnoses at any time during the surveillance period.