

**TABLE 2.** Incident Diagnoses and Rates of Mental Health Disorders, Active Component, U.S. Armed Forces, 2019–2023

Category <sup>a</sup>	Total, 2019-2023		2019		2020		2021		2022		2023	
	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>	No.	Rate <sup>b</sup>
<b>Diagnoses</b>												
Adjustment disorders	282,960	4,915	52,798	4,485	50,213	4,259	61,437	5,224	62,286	5,518	56,226	5,128
Alcohol-related disorders	70,729	1,105	14,800	1,150	13,182	1,016	14,285	1,095	14,869	1,173	13,593	1,096
Substance-related disorders	15,901	240	3,170	238	2,955	220	3,369	249	3,485	265	2,922	227
Anxiety disorders	187,949	3,071	27,672	2,218	28,055	2,239	37,845	3,022	45,437	3,774	48,940	4,210
PTSD	86,216	1,334	12,584	964	13,016	990	17,383	1,318	20,847	1,631	22,386	1,797
Depressive disorders	168,519	2,726	28,481	2,271	26,745	2,121	34,554	2,735	39,156	3,211	39,583	3,341
Bipolar disorder	8,454	127	1,366	102	1,486	110	1,834	136	1,959	149	1,809	140
Personality disorders	15,833	239	2,998	225	2,765	206	3,303	245	3,584	273	3,183	248
Schizophrenia	1,506	23	288	22	261	19	311	23	327	25	319	25
Other psychoses	3,917	59	759	57	732	54	844	62	816	62	766	59
Acute stress disorders	1,220	18	236	18	199	15	263	19	290	22	232	18
Eating disorders	3,380	51	509	38	497	37	709	52	882	67	783	61
Factitious disorders	107	2	32	2	17	1	16	1	24	2	18	1
Other mental health disorders	119,536	1,930	22,413	1,794	20,071	1,594	24,438	1,932	26,740	2,182	25,874	2,167
<b>Total</b>	<b>966,227</b>		<b>168,106</b>		<b>160,194</b>		<b>200,591</b>		<b>220,702</b>		<b>216,634</b>	
<b>Individuals</b>												
>1 type of mental health diagnosis <sup>c</sup>	255,108	3,834	35,648	2,665	33,625	2,494	43,663	3,219	48,858	3,702	47,934	3,710
Any mental health diagnosis <sup>d</sup>	541,672	8,141	117,654	8,795	113,116	8,391	139,611	10,292	152,817	11,580	151,228	11,706

Abbreviations: No., number; PTSD, post-traumatic stress disorder.

<sup>a</sup>An individual may be a case within a category only once per lifetime (censored person-time).

<sup>b</sup>Rate per 100,000 person-years.

<sup>c</sup>Rate per 100,000 person-years (individual continually at risk, uncensored person-time).

<sup>d</sup>Defined as a unique occurrence of any mental health diagnosis.