

**TABLE 2.** Incident Counts and Rates of Cardiovascular Disease by Type and Demographic and Military Characteristics, Active Component, U.S. Armed Forces, 2014–2023

	Ischemic Heart Disease		Cerebrovascular Disease	
	No.	Rate <sup>a</sup>	No.	Rate <sup>a</sup>
<b>Total</b>	936	43.4	814	37.8
Inpatient	193	9.0	231	10.7
Outpatient	743	34.5	583	27.1
<b>Race and ethnicity</b>				
White, non-Hispanic	340	37.4	332	36.5
Black, non-Hispanic	342	64.0	272	50.9
Hispanic	139	34.3	112	27.6
Other/unknown	115	37.6	98	32.1
<b>Age group, y</b>				
<30	331	23.5	335	23.8
30–39	276	48.3	279	48.8
40–49	227	146.2	151	97.3
50+	102	471.5	49	224.3
<b>Service branch</b>				
Army	341	48.2	301	42.6
Navy	180	28.1	219	34.2
Air Force/Space Force	394	60.6	257	39.5
Marine Corps	21	13.5	37	23.8
<b>Rank</b>				
Junior enlisted (E1-E4)	248	25.8	257	26.8
Senior enlisted (E4-E9)	431	55.7	395	51.1
Junior officer (O1-O3)	73	26.9	57	21.0
Senior officer (O4-O10)	168	127.0	92	69.6
Warrant officer (W01-W05)	16	93.5	13	76.2
<b>Occupation</b>				
Combat-specific	14	24.9	12	21.4
Armor/motor transport	21	31.2	18	26.8
Pilot/air crew	13	39.0	9	27.0
Repair/engineering	141	32.9	145	33.8
Communications/intelligence	310	45.0	277	40.3
Health care	241	59.8	205	50.9
Other	196	41.0	148	31.0
<b>Number of prior deployments</b>				
0	449	31.4	434	30.3
1	211	53.7	166	42.3
2+	276	83.6	214	64.8
<b>PTSD history</b>				
Yes	250	73.1	194	56.7
No	686	37.9	620	34.2
<b>Depressive disorder history</b>				
Yes	382	98.4	305	78.6
No	554	31.4	509	28.8
<b>Anxiety disorder history</b>				
Yes	109	102.2	105	98.4
No	827	40.4	709	34.6
<b>Hyperlipidemia</b>				
Yes	272	254.5	192	124.1
No	664	32.4	622	33.4
<b>Hypertension</b>				
Yes	241	230.3	130	124.1
No	695	33.9	684	33.4
<b>Diabetes or abnormal glucose</b>				
Yes	275	103.8	194	73.2
No	661	35.0	620	32.8
<b>Obesity</b>				
Yes	145	182.9	98	123.6
No	791	38.1	716	34.5
<b>Tobacco use or nicotine dependence</b>				
Yes	319	91.1	279	79.8
No	617	34.2	535	29.7
<b>Obstructive sleep apnea</b>				
Yes	174	183.0	119	125.1
No	762	37.0	695	33.8

Abbreviations: No., number; y, year; PTSD, post-traumatic stress disorder; p-yrs, person-years.

<sup>a</sup>Rate per 100,000 p-yrs.