

TABLE 2. Incident Counts and Rates of Cardiovascular Disease by Type and Demographic and Military Characteristics, Active Component, U.S. Armed Forces, 2014–2023

	Ischemic Heart Disease		Cerebrovascular Disease	
	No.	Rate ^a	No.	Rate ^a
Total	936	43.4	814	37.8
Inpatient	193	9.0	231	10.7
Outpatient	743	34.5	583	27.1
Race and ethnicity				
White, non-Hispanic	340	37.4	332	36.5
Black, non-Hispanic	342	64.0	272	50.9
Hispanic	139	34.3	112	27.6
Other/unknown	115	37.6	98	32.1
Age group, y				
< 30	331	23.5	335	23.8
30–39	276	48.3	279	48.8
40–49	227	146.2	151	97.3
50+	102	471.5	49	224.3
Service branch				
Army	341	48.2	301	42.6
Navy	180	28.1	219	34.2
Air Force/Space Force	394	60.6	257	39.5
Marine Corps	21	13.5	37	23.8
Rank				
Junior enlisted (E1-E4)	248	25.8	257	26.8
Senior enlisted (E4-E9)	431	55.7	395	51.1
Junior officer (O1-O3)	73	26.9	57	21.0
Senior officer (O4-O10)	168	127.0	92	69.6
Warrant officer (W01-W05)	16	93.5	13	76.2
Occupation				
Combat-specific	14	24.9	12	21.4
Armor/motor transport	21	31.2	18	26.8
Pilot/air crew	13	39.0	9	27.0
Repair/engineering	141	32.9	145	33.8
Communications/intelligence	310	45.0	277	40.3
Health care	241	59.8	205	50.9
Other	196	41.0	148	31.0
Number of prior deployments				
0	449	31.4	434	30.3
1	211	53.7	166	42.3
2+	276	83.6	214	64.8
PTSD history				
Yes	250	73.1	194	56.7
No	686	37.9	620	34.2
Depressive disorder history				
Yes	382	98.4	305	78.6
No	554	31.4	509	28.8
Anxiety disorder history				
Yes	109	102.2	105	98.4
No	827	40.4	709	34.6
Hyperlipidemia				
Yes	272	254.5	192	124.1
No	664	32.4	622	33.4
Hypertension				
Yes	241	230.3	130	124.1
No	695	33.9	684	33.4
Diabetes or abnormal glucose				
Yes	275	103.8	194	73.2
No	661	35.0	620	32.8
Obesity				
Yes	145	182.9	98	123.6
No	791	38.1	716	34.5
Tobacco use or nicotine dependence				
Yes	319	91.1	279	79.8
No	617	34.2	535	29.7
Obstructive sleep apnea				
Yes	174	183.0	119	125.1
No	762	37.0	695	33.8

Abbreviations: No., number; y, year; PTSD, post-traumatic stress disorder; p-yrs, person-years.

^aRate per 100,000 p-yrs.