

**TABLE 3. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Women by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2023**

Diagnostic Category (ICD-10 codes)	♀	No.	% <sup>a</sup>	Diagnostic Category (ICD-10 codes)	♀	No.	% <sup>a</sup>
<b>Infectious and parasitic diseases (A00–B99)</b>		<b>54,522</b>		<b>Digestive system (K00–K95)</b>		<b>73,734</b>	
Viral infection, unspecified		7,961	14.6	Constipation		10,930	14.8
Candidiasis of vulva and vagina		5,286	9.7	Gastroesophageal reflux disease without esophagitis		8,069	10.9
Viral intestinal infection, unspecified		2,746	5.0	Noninfective gastroenteritis and colitis, unspecified		7,543	10.2
Herpes viral infection, unspecified		2,541	4.7	Unspecified hemorrhoids		2,389	3.2
Other viral agents as the cause of disease classified elsewhere		2,451	4.5	Hemorrhage of anus and rectum		2,278	3.1
<b>Neoplasms (C00–D49)</b>		<b>43,264</b>		<b>Genitourinary system (N00–N99)</b>		<b>214,803</b>	
Leiomyoma of uterus, unspecified		5,445	12.6	Acute vaginitis		18,170	8.5
Malignant neoplasm of breast of unspecified site		3,799	8.8	Urinary tract infection, site not specified		16,261	7.6
Neoplasm of uncertain behavior of skin		3,279	7.6	Stress incontinence (female) (male)		15,597	7.3
Melanocytic nevi, unspecified		2,982	6.9	Abnormal uterine and vaginal bleeding, unspecified		14,313	6.7
Benign neoplasm of pituitary gland		1,338	3.1	Other specified noninflammatory disorders of vagina		12,291	5.7
<b>Endocrine, nutrition, immunity (E00–E89)</b>		<b>62,247</b>		<b>Pregnancy and delivery (O00–O99, relevant Z codes)</b>		<b>389,880</b>	
Obesity, unspecified		9,052	14.5	Encounter for care and examination of lactating mother		47,869	12.3
Vitamin D deficiency, unspecified		6,762	10.9	Pregnant state, incidental		31,985	8.2
Polycystic ovarian syndrome		6,142	9.9	Encounter for supervision of normal first pregnancy		20,205	5.2
Hypothyroidism, unspecified		6,110	9.8	Encounter for supervision of other normal pregnancy		17,491	4.5
Overweight		3,000	4.8	Encounter for routine postpartum follow-up		15,162	3.9
<b>Hematologic and immune disorders (D50–D89)</b>		<b>23,236</b>		<b>Skin and subcutaneous tissue (L00–L99)</b>		<b>114,799</b>	
Iron deficiency anemia, unspecified		6,822	29.4	Acne vulgaris		19,289	16.8
Anemia, unspecified		6,272	27.0	Dermatitis, unspecified		8,654	7.5
Sickle cell trait		1,413	6.1	Urticaria, unspecified		3,861	3.4
Iron deficiency anemia secondary to blood loss (chronic)		1,178	5.1	Ingrowing nail		3,342	2.9
Other specified disorders of white blood cells		990	4.3	Nonscarring hair loss, unspecified		3,048	2.7
<b>Mental health disorders (F01–F99)</b>		<b>884,690</b>		<b>Musculoskeletal system and connective tissue (M00–M99)</b>		<b>1,265,596</b>	
Adjustment disorders		183,137	20.7	Pain in joint		502,378	39.7
Post-traumatic stress disorder (PTSD)		137,021	15.5	Low back pain		179,874	14.2
Anxiety disorder, unspecified		74,244	8.4	Pain in limb, hand, foot, fingers, and toes		99,750	7.9
Generalized anxiety disorder		72,271	8.2	Cervicalgia		72,192	5.7
Major depressive disorder, recurrent, moderate		49,478	5.6	Dorsalgia, unspecified		41,463	3.3
<b>Nervous system and sense organs (G00–G99, H00–H95)</b>		<b>338,759</b>		<b>Symptoms, signs and abnormal clinical and laboratory findings, NEC (R00–R99)</b>		<b>443,329</b>	
Sleep apnea		55,667	16.4	Pelvic and perineal pain		30,711	6.9
Myopia		37,234	11.0	Headache, unspecified		28,448	6.4
Chronic pain, not elsewhere classified		22,712	6.7	Unspecified abdominal pain		24,839	5.6
Migraine, unspecified		18,470	5.5	Other symptoms and signs involving emotional state		24,290	5.5
Insomnia		15,061	4.4	Chest pain, unspecified		14,911	3.4
<b>Circulatory system (I00–I99)</b>		<b>28,628</b>		<b>Injury/poisoning (S00–T98, D0D0101–D0D0105)</b>		<b>162,837</b>	
Essential (primary) hypertension		10,601	37.0	Sprain of ankle		12,900	7.9
Varicose veins of lower extremities with other complications		1,067	3.7	Concussion		7,343	4.5
Supraventricular tachycardia		926	3.2	Sprain of cruciate ligament of knee		6,841	4.2
Venous insufficiency (chronic) (peripheral)		870	3.0	Unspecified injury of ankle and foot		4,209	2.6
Raynaud's syndrome		843	2.9	Injury of muscle, fascia and tendon of abdomen, lower back and pelvis		3,710	2.3
<b>Respiratory system (J00–J99)</b>		<b>175,488</b>		<b>Other (Z00–Z99, except pregnancy-related)<sup>b,c</sup></b>		<b>1,073,458</b>	
Acute upper respiratory infection, unspecified		45,547	26.0	Encounter for other administrative examinations		103,127	9.6
Acute pharyngitis, unspecified		19,291	11.0	Encounter for administrative examinations, unspecified		86,826	8.1
Allergic rhinitis due to pollen		15,320	8.7	Other specified counseling		73,235	6.8
Allergic rhinitis, unspecified		11,032	6.3	Encounter for immunization		72,721	6.8
Acute nasopharyngitis [common cold]		10,019	5.7	Encounter for other specified special examinations		35,352	3.3

Abbreviations: ICD-10, International Classification of Diseases, 10th Revision; No., number; NEC, not elsewhere classified.

<sup>a</sup> Percentage of the total number of hospitalizations within the diagnostic category.

<sup>b</sup> Other factors influencing health status and contact with health services (excluding pregnancy-related).

<sup>c</sup> Z-code data are provisional but current as of April 18, 2024.