TABLE (cont). Health Care Burdens Attributable to Various Diseases and Injuries, Active Component, U.S. Armed Forces, 2023

Major Category Condition <sup>a</sup>	Medical Encounters <sup>b</sup>		Individuals Affected <sup>c</sup>		Hospital Bed Days	
	No.	Rank⁴	No.	Rank⁴	No.	Rank⁴
Nutritional disorders	61,588				265	
Overweight, obesity	35,561	45	21,039	49	41	110
All other nutritional disorders	25,818	56	19,486	53	137	87
Protein, energy malnutrition	209	145	81	140	87	94
Blood disorders	45,740				886	
Other non-deficiency anemias	12,865	81	6,475	79	287	72
All other blood disorders	12,520	82	6,093	81	400	65
Iron-deficiency anemia	11,372	86	4,897	88	155	83
Hereditary anemias	8,165	93	5,796	82	31	116
Other deficiency anemias	818	131	499	127	13	131
Oral conditions	30,189				1,327	
All other oral conditions	28,510	53	20,561	50	1,324	32
Dental caries	924	130	880	117	0	146
Periodontal disease	755	134	701	118	3	141
Congenital anomalies	27,974				977	
All other congenital anomalies	23,258	62	14,464	62	592	52
Congenital heart disease	2,974	117	1,262	110	198	78
Other circulatory anomalies	1,742	124	657	120	187	79
Diabetes mellitus	20,816				744	
Diabetes mellitus	20,816	66	5,025	87	794	45
Conditions arising during the perinatal period <sup>e</sup>	1,595				28	
All other perinatal anomalies	762	133	507	126	25	121
Low birth weight	497	138	157	136	3	141
Birth asphyxia and birth trauma	336	140	129	139	0	146

Abbreviations: No., number; NOS, not otherwise specified; UTI, urinary tract infection; STDs, sexually transmitted diseases.

<sup>&</sup>lt;sup>a</sup> Burden of disease major categories and burden of disease-related conditions based on a modified version of those defined in the Global Burden of Disease Study.<sup>3,4</sup>

b Medical encounters include total hospitalizations and ambulatory visits for the condition (with no more than 1 encounter per individual per day per condition).

 $<sup>^{\</sup>circ}\mbox{Individuals}$  with at least 1 hospitalization or ambulatory visit for the condition.

<sup>&</sup>lt;sup>d</sup> Rank is based on the number of encounters, individuals affected, or hospital bed days in the respective columns within the listing of 153 burden-related disease conditions. For individuals affected, 4 pairs of tied values (n=81; n=54; n=51; n=35) were given the same ranking (140; 143; 145; 149). For hospital bed days, there were 8 conditions with the rank of 146 (0); 26 other conditions had tied rankings.

<sup>&</sup>lt;sup>e</sup> Conditions affecting newborns erroneously coded on service member medical records.