

TABLE 2. Incident Cases of Exertional Hyponatremia by Installation (with 20 cases minimum), Active Component, U.S. Armed Forces, 2008–2023

Location of Diagnosis	No.	% Total
MCRD Parris Island, SC	203	11.2
Fort Moore, GA	140	7.7
JBSA-Lackland AFB, TX	68	3.8
Fort Liberty, NC	61	3.4
MCB Camp Lejeune/ Cherry Point, NC	59	3.3
Walter Reed NMMC, MD ^a	37	2.0
NMC San Diego, CA	50	2.8
MCB Camp Pendleton, CA	45	2.5
NMC Portsmouth, VA	44	2.4
Fort Cavazos, TX	32	1.8
MCB Quantico, VA	31	1.7
Fort Campbell, KY	30	1.7
Fort Schafter, HI	26	1.4
Fort Carson, CO	22	1.2
Fort Belvoir, VA	22	1.2
Fort Jackson, SC	22	1.2
Other/unknown locations	920	50.8
Total	1,812	100.0

Abbreviations: No., number; MCRD, Marine Corps Recruit Depot; JBSA, Joint Base San Antonio; AFB, Air Force Base; MCB, Marine Corps Base; NMMC, National Military Medical Center; NMC, Naval Medical Center.

Note: Recruit training locations include MCRD Parris Island/ Fort Moore, JBSA-Lackland AFB, MCB Camp Lejeune/Cherry Point, MCB Camp Pendleton, and Fort Jackson. Referral centers include Walter Reed NMMC, NMC San Diego, and NMC Portsmouth.