

**TABLE 2.** Demographic Characteristics of PHA and HRBS, Active Duty U.S. Military Respondents, 2018

	PHA (n=854,579)		HRBS (n=17,166)			
	No.	%	Unweighted No.	Weighted %	95% CI	
					Lower	Upper
<b>Sex</b>						
Male	705,867	82.6	11,813	83.31	82.62	83.99
Female	148,712	17.4	5,353	16.69	16.01	17.38
<b>Age</b>						
17–24	302,449	35.4	3,642	37.77	36.45	39.10
25–34	353,314	41.3	6,467	39.93	38.77	41.08
35–44	164,001	19.2	5,311	18.33	17.68	18.98
45+	34,812	4.1	1,746	3.97	3.72	4.23
Unknown	3	0.0	-	0.0		
<b>Service</b>						
Army	327,120	38.3	3,646	34.5	33.17	35.78
Navy	143,302	16.8	3,675	24.4	23.27	25.44
Marine Corps	82,705	9.7	2,569	13.9	13.14	14.66
Air Force	278,448	32.6	5,579	24.1	23.30	24.88
Coast Guard	23,004	2.7	1,697	3.2	2.98	3.36
<b>Rank</b>						
E1–E4	331,398	38.8	4,444	42.4	41.10	43.70
E5–E6	265,521	31.1	4,585	29.8	28.76	30.84
E7–W5	101,576	11.9	3,125	11.3	10.79	11.85
O1–O3	94,865	11.1	2,469	10.1	9.61	10.66
O4+	61,219	7.2	2,543	6.3	6.04	6.65
<b>Rank group</b>						
Enlisted	698,495	81.7	12,154	83.5	82.89	84.15
Officer	156,084	18.3	5,012	16.5	15.85	17.11
<b>STI risk</b>						
No	797,367	93.3	15,684	90.8	90.15	91.55
Yes	43,727	5.1	521	3.4	2.93	3.85
Unknown	13,485	1.6	961	5.8	5.21	6.32
<b>Sleep</b>						
5 hours or less	96,925	11.3	4,563	30.3	29.11	31.45
5 to less than 7 hours	464,632	54.4	5,903	33.7	32.53	34.83
7–9 hours	283,229	33.1	6,342	33.6	32.45	34.70
9 hours or more	7,005	0.8	358	2.5	2.05	2.88
Unknown	2,788	0.3	-	0.0		
<b>Alcohol use</b>						
No response / none	267,419	31.3	4,380	29.0	27.79	30.15
1–2	455,415	53.3	8,416	40.8	39.68	41.99
3–4	112,974	13.2	3,124	19.2	18.31	20.18
5–6	15,274	1.8	864	7.1	6.38	7.84
7–9	2,412	0.3	186	1.7	1.36	2.13
10+	1,085	0.1	196	2.1	1.64	2.56
<b>BMI group</b>						
Under weight	5,591	0.7	109	0.7	0.41	0.94
Normal weight	263,262	30.8	5,825	34.9	33.68	36.10
Over weight	382,743	44.8	8,761	50.0	48.76	51.21
Obese	125,271	14.7	2,471	14.5	13.63	15.27
Unknown	77,712	9.1	-	0.0		
<b>Education</b>						
High school or less	504,935	59.09	7,990	64.4	63.39	65.42
Some college	126,468	14.80	2,625	12.8	12.19	13.46
Bachelors degree or more	208,288	24.37	6,301	21.6	20.87	22.35
Unknown	14,888	1.74	250	1.2	0.90	1.42
<b>Race and ethnicity</b>						
Non-Hispanic White	490,454	57.39	10,666	57.6	56.41	58.86
Non-Hispanic Black	134,946	15.79	2,226	16.2	15.21	17.14
Hispanic	132,703	15.53	2,459	16.0	15.06	16.92
Non-Hispanic Other	96,476	11.29	1,747	9.5	8.83	10.14
Unknown	0	0.00	68	0.7	0.40	1.03

Abbreviations: PHA, Periodic Health Assessment; HRBS, Health Risk Behavior Survey; CI, confidence interval; No., number; STI, sexually-transmitted infection; BMI, body mass index.