

TABLE 3. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Women by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2022^a

Diagnostic category (ICD-10 codes)	♀	No.	% ^b	Diagnostic category (ICD-10 codes)	♀	No.	% ^b
Infectious and parasitic diseases (A00–B99)		46,270		Digestive system (K00–K95)		54,853	
Viral infection, unspecified		7,291	15.8	Constipation		8,681	15.8
Candidiasis of vulva and vagina		5,074	11.0	Gastroesophageal reflux disease without esophagitis		5,683	10.4
Viral intestinal infection, unspecified		2,123	4.6	Noninfective gastroenteritis and colitis, unspecified		4,062	7.4
Chlamydial infection, unspecified		1,840	4.0	Hemorrhage of anus and rectum		2,032	3.7
Herpes viral infection, unspecified		1,820	3.9	Unspecified hemorrhoids		1,828	3.3
Neoplasms (C00–D49)		34,646		Genitourinary system (N00–N99)		172,947	
Leiomyoma of uterus, unspecified		4,098	11.8	Acute vaginitis		16,960	9.8
Neoplasm of uncertain behavior of skin		3,048	8.8	Urinary tract infection, site not specified		12,941	7.5
Malignant neoplasm of breast of unspecified site		2,448	7.1	Stress incontinence (female) (male)		10,716	6.2
Melanocytic nevi, unspecified		2,025	5.8	Abnormal uterine and vaginal bleeding, unspecified		9,486	5.5
Melanocytic nevi of trunk		1,042	3.0	Other specified noninflammatory disorders of vagina		9,317	5.4
Endocrine, nutrition, immunity (E00–E89)		42,283		Pregnancy and delivery (O00–O99, relevant Z codes)		338,652	
Vitamin D deficiency, unspecified		5,881	13.9	Encounter for care and examination of lactating mother		41,914	12.4
Hypothyroidism, unspecified		5,183	12.3	Encounter for supervision of normal first pregnancy		20,377	6.0
Polycystic ovarian syndrome		3,842	9.1	Pregnant state, incidental		19,943	5.9
Obesity, unspecified		3,203	7.6	Encounter for supervision of other normal pregnancy		17,946	5.3
Iron deficiency		1,743	4.1	Encounter for routine postpartum follow-up		14,564	4.3
Hematologic and immune disorders (D50–D89)		16,711		Skin and subcutaneous tissue (L00–L99)		93,172	
Iron deficiency anemia, unspecified		5,333	31.9	Acne vulgaris		15,419	16.5
Anemia, unspecified		3,683	22.0	Dermatitis, unspecified		6,031	6.5
Iron deficiency anemia secondary to blood loss (chronic)		1,106	6.6	Urticaria, unspecified		2,990	3.2
Sickle-cell trait		982	5.9	Acne, unspecified		2,914	3.1
Other specified disorders of white blood cells		798	4.8	Ingrowing nail		2,841	3.0
Mental health disorders (F01–F99)		717,140		Musculoskeletal system and connective tissue (M00–M99)		931,983	
Adjustment disorders		158,693	22.1	Pain in joint		355,326	38.1
Post-traumatic stress disorder (ptsd)		106,922	14.9	Low back pain		116,823	12.5
Anxiety disorder, unspecified		51,662	7.2	Pain in limb, hand, foot, fingers and toes		71,478	7.7
Generalized anxiety disorder		50,893	7.1	Cervicalgia		52,833	5.7
Major depressive disorder, recurrent, moderate		39,869	5.6	Dorsalgia, unspecified		49,747	5.3
Nervous system and sense organs (G00–G99, H00–H95)		259,933		Symptoms, signs and abnormal clinical and laboratory findings, NEC (R00–R99)		365,014	
Sleep apnea		42,676	16.4	Pelvic and perineal pain		27,046	7.4
Myopia		25,874	10.0	Headache, unspecified		23,058	6.3
Chronic pain, not elsewhere classified		14,960	5.8	Unspecified abdominal pain		18,718	5.1
Insomnia		13,194	5.1	Other symptoms and signs involving emotional state		17,967	4.9
Astigmatism		10,037	3.9	Chest pain, unspecified		12,931	3.5
Circulatory system (I00–I99)		21,856		Injury/poisoning (S00–T98, D0D0101–D0D0105)		131,038	
Essential (primary) hypertension		7,467	34.2	Sprain of ankle		9,855	7.5
Varicose veins of lower extremities with other complications		903	4.1	Concussion		5,727	4.4
Venous insufficiency (chronic) (peripheral)		830	3.8	Sprain of cruciate ligament of knee		5,289	4.0
Raynaud's syndrome		706	3.2	Injury of muscle, fascia and tendon of abdomen, lower back and pelvis		3,020	2.3
Lymphedema, not elsewhere classified		620	2.8	Sprain of hip		2,479	1.9
Respiratory system (J00–J99)		135,718		Other (Z00–Z99, except pregnancy-related)^c		1,453,839	
Acute upper respiratory infection, unspecified		29,779	21.9	Encounter for other administrative examinations		262,694	18.1
Acute pharyngitis, unspecified		15,367	11.3	Other specified counseling		119,902	8.2
Allergic rhinitis due to pollen		13,002	9.6	Encounter for administrative examinations, unspecified		117,437	8.1
Acute nasopharyngitis [common cold]		10,376	7.6	Encounter for immunization		100,228	6.9
Allergic rhinitis, unspecified		8,043	5.9	Encounter for other specified special examinations		44,839	3.1

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number.

^a2022 data are considered provisional but current as of March 27, 2023.

^bPercentage of the total number of hospitalizations within the diagnostic category.

^cOther factors influencing health status and contact with health services (excluding pregnancy-related).