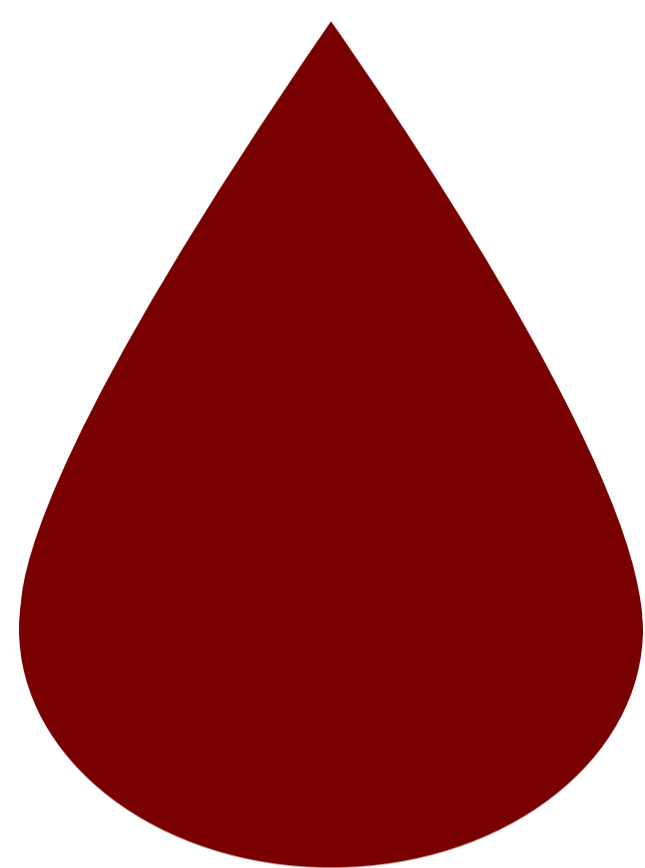


POSTPARTUM HEMORRHAGE SIGNS & SYMPTOMS



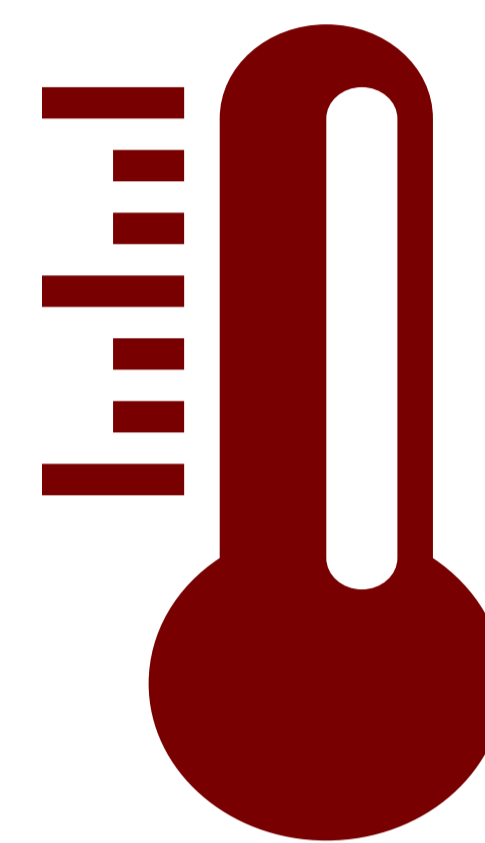
Postpartum hemorrhage is a heavy bleeding emergency that can occur up to 12 weeks after giving birth. Seek immediate medical care if you have any of these symptoms:



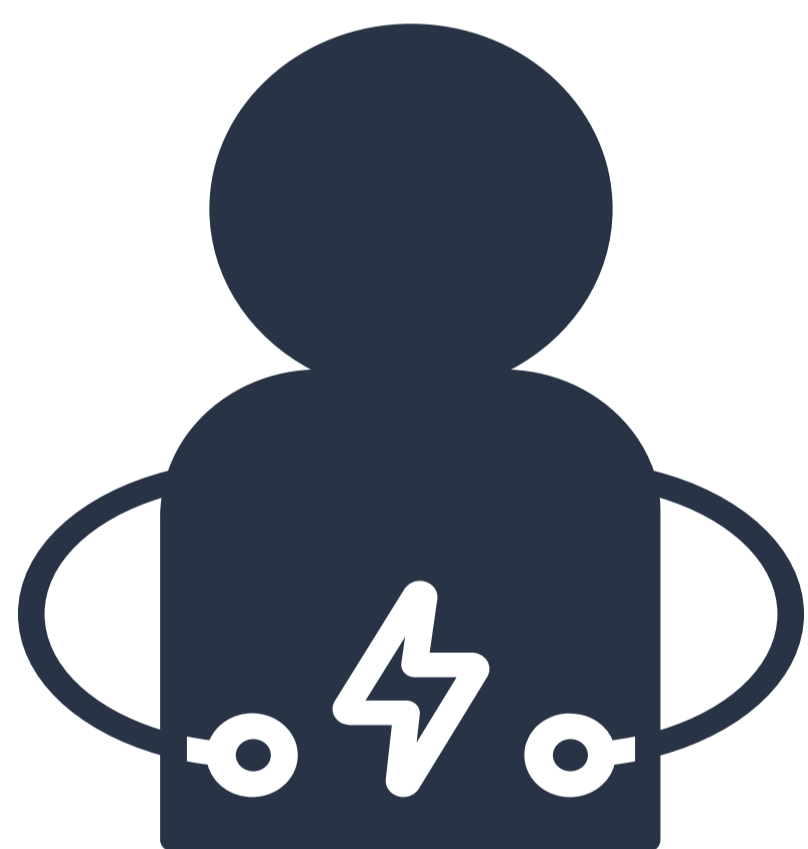
Heavy bleeding (soaking through a pad in under 1 hour or passing large clots)



Dizziness, mental "fuzziness" or sudden, serious headache



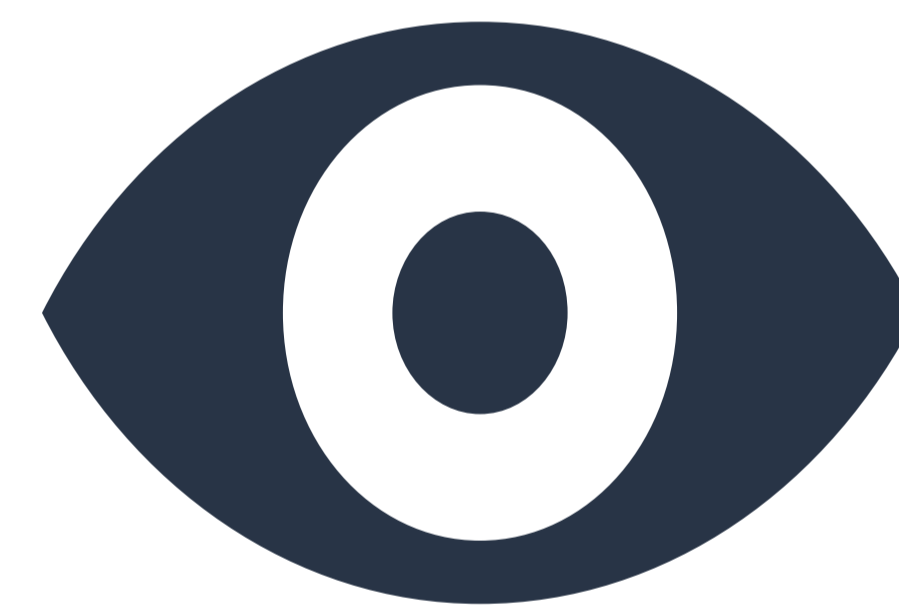
Fever of 100.4 degrees F or higher



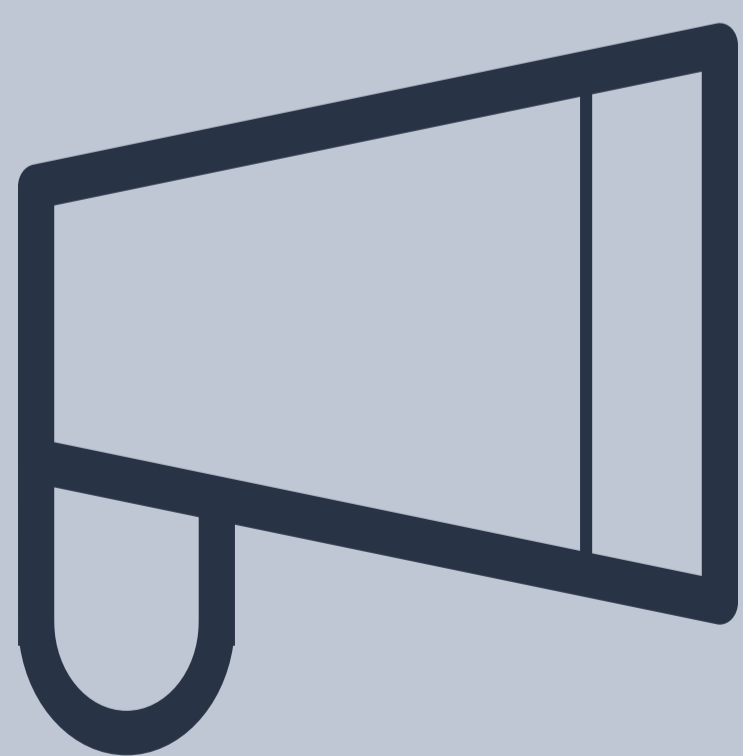
Swelling, pain or discomfort in vagina or belly area



Fast heartbeat



Blurred or changed vision



If you have any of these symptoms, contact your provider or the Nurse Advice Line (1-800-874-2273* or visit MHSNurseAdviceLine.com**) right away.

If you need immediate medical attention, call 911 or your international emergency number.

*If dialing from the US, Guam, or Puerto Rico

**For web chat, video chat, or to find country-specific numbers



For more information about PPH, please visit:

<https://health.mil/Military-Health-Topics/Total-Force-Fitness/Preventive-Health/Womens-Health/Postpartum-Hemorrhage>