



TRICARE®

# WELL-WOMAN EXAMS



Well-woman exams are covered annually for women under age 65. TRICARE covers these exams with no cost-share or copayment, regardless of your TRICARE plan.

TRICARE covers the following exams during a covered Health Promotion and Disease Prevention Exam:

## Annual Mammograms\*

As of Jan. 1, 2020, TRICARE covers 3-D mammograms for annual screenings. Prior authorization is required. 3-D mammograms may reduce imaging problems due to overlapping tissue and dense breast tissue and improve accuracy of lesion detection. TRICARE will continue to cover 2-D mammograms.

## Pap Smears

Pap smears are covered for women beginning at age 21.

Women under age 21 should not be screened regardless of the age of sexual initiation or other risk factors.

## Breast MRI

Annual Breast Magnetic Resonance Imaging (MRI) is covered beginning at age 30 for women who have a 20% or greater lifetime risk of breast cancer or certain other risk factors.

## Pelvic Exams

Pelvic exams are covered as part of a well-woman exam and in conjunction with Pap smear testing for cervical neoplasms and premalignant lesions.

## HPV DNA Testing

When performed in conjunction with a Pap smear for women age 30 or older.

\*Eligible populations who may receive annual mammography screenings include female beneficiaries age 40 and older and those age 30-39 who are high-risk and have either a 15% or greater lifetime risk of breast cancer (as determined by a screening instrument or who meet a risk factor).

### Important

You may have additional well-woman exams if your provider says you need them.

Other screenings and services may be ordered or recommended during the exam.