



THE ASSISTANT SECRETARY OF DEFENSE

1200 DEFENSE PENTAGON
WASHINGTON, DC 20301-1200

HEALTH AFFAIRS

MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER
AND RESERVE AFFAIRS)
ASSISTANT SECRETARY OF THE NAVY (MANPOWER
AND RESERVE AFFAIRS)
ACTING ASSISTANT SECRETARY OF THE AIR FORCE
MANPOWER AND RESERVE AFFAIRS
DIRECTOR OF HEALTH, SAFETY AND WORK LIFE FOR THE
COAST GUARD

SUBJECT: Policy Memorandum to Establish 2024 Premium Rates for TRICARE Reserve
Select, TRICARE Retired Reserve, TRICARE Young Adult, and the Continued
Health Care Benefit Program

Calendar Year (CY) 2024 premium rates are established for TRICARE Reserve Select,
TRICARE Retired Reserve, TRICARE Young Adult, and the Continued Health Care Benefit
Program that will be effective January 1, 2024, as specified in the attachment. This is for
informational purposes only; the CY 2024 premium rates can also be found at
www.tricare.mil/trs, www.tricare.mil/trr, www.tricare.mil/tya, and www.tricare.mil/chcbp.

Lester Martinez-López, M.D., M.P.H.

Attachment:
As stated

cc:
Assistant Secretary of Defense (Manpower & Reserve Affairs)
Surgeon General of the Army
Surgeon General of the Navy
Surgeon General of the Air Force
Joint Staff Surgeon
Director, Defense Health Agency

Attachment: Calendar Year (CY) 2024 Monthly Premium Rates for TRICARE Reserve Select (TRS), TRICARE Retired Reserve (TRR), TRICARE Young Adult (TYA), and CY Quarterly Premium Rates, effective January 1, 2024, for the Continued Health Care Benefit Program (CHCBP)

TRS premium rates are established annually on a CY basis in accordance with Section 1076d of Title 10, United States Code (U.S.C.), and Section 199.24 of Title 32, Code of Federal Regulations (CFR). The TRS monthly premiums for CY 2024 shall be the rates listed in the table below:

Type of Coverage	2023 TRS Monthly Rate	2024 TRS Monthly Rate	Change
TRS Member-only	\$ 48.47	\$ 51.95	+ 7.2%
TRS Member & family	\$ 239.69	\$ 256.87	+ 7.2%

TRR premium rates are established annually on a CY basis in accordance with 10 U.S.C. 1076e and 32 CFR § 199.25. The TRR monthly premiums for CY 2024 shall be the rates listed in the table below:

Type of Coverage	2023 TRR Monthly Rate	2024 TRR Monthly Rate	Change
TRR Member-only	\$ 549.35	\$ 585.24	+ 6.5%
TRR Member & family	\$ 1,320.76	\$ 1,406.22	+ 6.4%

TYA premium rates are established annually on a CY basis in accordance with 10 U.S.C. 1110b and 32 CFR § 199.26. The TYA monthly premiums for CY 2024 shall be the rates listed in the table below:

Type of Coverage	2023 TYA Monthly Rate	2024 TYA Monthly Rate	Change
TYA Select	\$ 291.00	\$ 311.00	+ 6.8%
TYA Prime	\$ 570.00	\$ 637.00	+ 11.7%

CHCBP premium rates are established annually in accordance with 10 U.S.C. 1078a and 32 CFR § 199.20. The CHCBP quarterly premiums for CY 2024 shall be the rates listed in the table below:

Type of Coverage	2023 CHCBP Quarterly Rate	2024 CHCBP Quarterly Rate	Change
CHCBP Single	\$ 1,654.00	\$ 1,813.00	+ 9.6%
CHCBP Family	\$ 4,134.00	\$ 4,539.00	+ 9.8%