



**OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE**

**1200 DEFENSE PENTAGON  
WASHINGTON, DC 20301-1200**

**AUG 29 2018**

**HEALTH AFFAIRS**

MEMORANDUM FOR ASSISTANT SECRETARY OF THE ARMY (MANPOWER  
AND RESERVE AFFAIRS)  
ASSISTANT SECRETARY OF THE NAVY (MANPOWER  
AND RESERVE AFFAIRS)  
ASSISTANT SECRETARY OF THE AIR FORCE  
(MANPOWER, RESERVE AFFAIRS, INSTALLATIONS  
AND ENVIRONMENT)  
HEALTH AND SAFETY DIRECTOR OF THE COAST GUARD

SUBJECT: Policy Memorandum to Establish 2019 Monthly Premium Rates for TRICARE  
Reserve Select, TRICARE Retired Reserve, and TRICARE Young Adult

Calendar Year 2019 premium rates are established for TRICARE Reserve Select,  
TRICARE Retired Reserve, and TRICARE Young Adult as specified in the attachment. Please  
provide widest dissemination. This information can be found at [www.tricare.mil/trs](http://www.tricare.mil/trs),  
[www.tricare.mil/trr](http://www.tricare.mil/trr), and [www.tricare.mil/tya](http://www.tricare.mil/tya).

A handwritten signature in black ink, appearing to read "Tom McCaffery", is positioned above the typed name.

Tom McCaffery  
Principal Deputy Assistant Secretary  
of Defense (Health Affairs)

Attachment:  
As stated

cc:  
Assistant Secretary of Defense (Manpower & Reserve Affairs)  
Surgeon General of the Army  
Surgeon General of the Navy  
Surgeon General of the Air Force

Attachment: Calendar Year 2019 Monthly Premium Rates for TRICARE Reserve Select (TRS), TRICARE Retired Reserve (TRR), and TRICARE Young Adult (TYA)

TRS premium rates are established annually on Calendar Year (CY) basis in accordance with title 10, United States Code (U.S.C), Section 1076d (10 USC 1076d) and title 32, Code of Federal Regulations, part 199.24 (32 CFR 199.24). The TRS monthly premiums for CY 2019 shall be the rates listed in the table below:

Type of Coverage	2018 TRS Monthly Rate	2019 TRS Monthly Rate	Change
TRS Member-only	\$ 46.09	\$ 42.83	- 7.6%
TRS Member & family	\$ 221.38	\$ 218.01	- 1.5%

TRR premium rates are established annually on a CY basis in accordance with 10 USC 1076e and 32 CFR 199.25. The TRR monthly premiums for CY 2019 shall be the rates listed in the table below:

Type of Coverage	2018 TRR Monthly Rate	2019 TRR Monthly Rate	Change
TRR Member-only	\$ 431.35	\$ 451.51	+ 4.7%
TRR Member & family	\$ 1,038.31	\$ 1,083.40	+ 4.3%

TYA premium rates are established annually on a CY basis in accordance with 10 USC 1110b and 32 CFR 199.26. The TYA monthly premiums for CY 2019 shall be the rates listed in the table below:

Type of Coverage	2018 TYA Monthly Rate	2019 TYA Monthly Rate	Change
TYA Select	\$ 225.00	\$ 214.00	- 4.9%
TYA Prime	\$ 334.00	\$ 358.00	+ 10.5%